



GET FIT
RETREAT

Come Learn how to get fit
Physical ly and Spiritual ly.
This weekend offers exercise and
other fitness lessons as well as
working out your Heart for God!

You Pick the Dates

5pm-8pm

Ages (your choice)

Cost

\$30 - per person

Register by (week prior)

on

[iheartcamp.org/\(your church\)](http://iheartcamp.org/(your church))

Or

(333) 333-3333